

# LFTR CHRISTIAN REHAB SERVICES

## → IOP & OP PROGRAMS: IN-PERSON AND VIRTUAL

Our clinical and Christ-centered programs provide structured group and individual support with flexible DAY or EVENING in-person or virtual options to fit your recovery journey.

## → INTERVENTIONS

Professional, faith-based intervention services guide families in helping loved ones enter treatment with clarity, compassion, and a united plan.

## → RECOVERY COACHING

One-on-one coaching helps you Redirect, Overcome, and Build a Christ-centered life with personalized tools, support, and accountability.

## → EXPERIENTIAL OUTINGS

Hands-on, therapeutic outings create opportunities for connection, reflection, and real-life application of recovery and faith principles.

## → ALUMNI COMMUNITY

Ongoing support, events, and resources keep graduates connected, encouraged, and growing long after completing the program.

**RESTORING HOPE,  
IDENTITY, &  
PURPOSE TO THE  
ADDICTED AND  
THEIR FAMILIES!**

**CONTACT US NOW!**



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**FREEDOM  
FROM  
ADDICTION IS  
POSSIBLE...**

**RECOVERY + JESUS =  
TRANSFORMATION**

## OUR CHRIST-CENTERED IOP PROGRAMS

Lifted From The Rut offers a clinically excellent, Christ-centered Intensive Outpatient Programs designed to help individuals break free from addiction and build a renewed identity in Jesus Christ.

- **Weekly Group Therapy**

Engaging, therapist-led sessions that build skills, healing, and Christ-centered community.

- **Individual Counseling Session(s)**

One-on-one clinical support tailored to personal recovery goals and spiritual growth.

- **Christ-Centered, Clinically Excellent Curriculum**

Evidence-based tools integrated with  
Biblical truth providing healing for spirit,  
soul, and body.

- **Freedom-Focused Growth & New Life Practices**

Encouragement and tools that help you walk confidently in long-term freedom and purpose.

- **Recovery Community Support**

A faith-filled network that encourages connection, belonging, and lasting transformation.



# RESTORING HOPE, IDENTITY, & PURPOSE



**720.773.1999**

**ROB LOHMAN: FOUNDER & CEO**

***CALL TO SCHEDULE  
A TOUR AND MEET  
THE TEAM***



***ChristianRehabServices.com***