

LFTR CHRISTIAN REHAB SERVICES

→ **IOP & OP PROGRAMS: IN-PERSON AND VIRTUAL**

Our clinical and Christ-centered programs provide structured group and individual support with flexible DAY or EVENING in-person or virtual options to fit your recovery journey.

→ **INTERVENTIONS**

Professional, faith-based intervention services guide families in helping loved ones enter treatment with clarity, compassion, and a united plan.

→ **RECOVERY COACHING**

One-on-one coaching helps you Redirect, Overcome, and Build a Christ-centered life with personalized tools, support, and accountability.

→ **EXPERIENTIAL OUTINGS**

Hands-on, therapeutic outings create opportunities for connection, reflection, and real-life application of recovery and faith principles.

→ **ALUMNI COMMUNITY**

Ongoing support, events, and resources keep graduates connected, encouraged, and growing long after completing the program.

**RESTORING HOPE,
IDENTITY, &
PURPOSE TO THE
ADDICTED AND
THEIR FAMILIES!**

CONTACT US NOW!



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**FREEDOM
FROM
ADDICTION IS
POSSIBLE...**

**RECOVERY + JESUS =
TRANSFORMATION**

OUR CHRIST-CENTERED IOP PROGRAMS

Lifted From The Rut offers a clinically excellent, Christ-centered Intensive Outpatient Programs designed to help individuals break free from addiction and build a renewed identity in Jesus Christ.

- **Weekly Group Therapy**

Engaging, therapist-led sessions that build skills, healing, and Christ-centered community.

- **Individual Counseling Session(s)**

One-on-one clinical support tailored to personal recovery goals and spiritual growth.

- **Christ-Centered, Clinically Excellent Curriculum**

Evidence-based tools integrated with Biblical truth providing healing for spirit, soul, and body.

- **Freedom-Focused Growth & New Life Practices**

Encouragement and tools that help you walk confidently in long-term freedom and purpose.

- **Recovery Community Support**

A faith-filled network that encourages connection, belonging, and lasting transformation.



RESTORING HOPE, IDENTITY, & PURPOSE



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ROB LOHMAN: FOUNDER & CEO

ChristianRehabServices.com

CALL TO SCHEDULE A TOUR AND MEET THE TEAM

